



COVID-19 UPDATE

South Jefferson Physical Therapy is OPEN!!

We are taking the COVID-19 pandemic very seriously. The health and wellness of our clients and staff are very important to us and therefore we are taking extra precautions to keep everyone safe.

Precautions: A few extra measures that we have been taking to keep everyone safe are as follows: all staff and clients are required to wear a mask at all times, taking temperatures upon entry, limited family members in office at this time unless client is a minor or requires extra assistance (speak with front desk as needed if this is the case) everyone is to wash hands and/or sanitize with hand sanitizer at the door, adjusting clients schedule, maintaining 6 foot social distancing within the clinic with other clients and taking extra time to sanitize equipment between clients.

Clients who should not attend therapy: During this pandemic we are also encouraging clients who are at risk or uncomfortable attending physical therapy to please stay at home. Please do not come to therapy if you have any of the following symptoms and/or can answer yes to any of the following questions:

1. Have you had any of the following symptoms in the last 14 days?

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

2. Have you traveled internationally or out of New York State in the last 10 days?

3. Have you been diagnosed with COVID-19 or been exposed to anyone diagnosed with COVID-19 within the last 14 days?

If you answered yes to any of the above questions, we reserve the right to deny treatment at this time. You may reschedule your appointments once the appropriate quarantine is fulfilled and/or you present with a negative COVID-19 test. Please speak with your Physical Therapist if you have any questions.